



Badminton is a Big Hit with local Camglen primary schools!

By Lanarkshire Badminton

There was shuttlecocks flying at last week's Big Hit Festival in the Cambuslang & Rutherglen area. Across 2 events, primary 7 pupils took part in Badminton Scotland's Big Hit Festival which is a 2 hour schools badminton festival which introduces pupils to the sport through a series of fun stations. These stations support & develop their badminton ability as well as crucially important personal and physical skills e.g. hand-eye coordination, balance and control, decision making.

Across both festivals there were six primary schools taking part including pupils from St Anthony's, St Bride's, St Cadoc's, St Charles', St Columbkille's and St Mark's with a total of 225 pupils participating. Part of the festival includes a Staff CPD Resource which aims to enhance the knowledge and confidence of staff to deliver badminton within their school demonstrating typical challenges when delivering badminton in a small space with large class and limited equipment.

The festival was organised as a partnership between Carina Sheldon of Active Schools SL, Jill Smith of BASE, Trinity H.S PE Department, Sports Development Pupils and Badminton Scotland.

Carina added:

"I have worked with Euan Murray, Badminton Scotland; Trinity PE department and the Sports Development pupils to run 2 BIG HIT Festivals for approx. 215 P7 pupils from the Trinity Learning Community. This was part of their Transition programme and allowed them to visit the PE department, meet new friends that they will progress to S1 with, and take part in a sport which is key within the school and the local area. Badminton is a part of the curriculum from S1-S6 and features in their extra-

curricular programme. BASE Badminton Club run out of Trinity High Schools, so this was a great opportunity to strengthen the links between eh club and the school and to promote it to all P7 pupils. Euan Murray trained 40 senior pupils who are completing the Sports Development module at Trinity to lead on the event, they each took a station and lead the pupils through fun Badminton related games. The feedback from the schools has been great and the pupils thoroughly enjoyed their day. The Primary Teachers were delighted that the pupils had the chance to attend, and they all agreed that the Sports Development pupils did an amazing job on both days with the pupils. We look forward to repeating it again next year!"

It was great to see various opportunities like this for school pupils to try badminton in a fun environment as well as the chance for school staff to see the activities in action and hopefully take some learning. Furthermore, it was pleasing to see young people at the forefront of the delivery of the festival who gave their enthusiasm and energy when engaging with the primary pupils.

At Lanarkshire Badminton Group we would like to thank Carina from Active Schools SL for organising and coordinating all this as well the Trinity H.S PE Department for their support, the senior Sports Development pupils (S5/6) for doing a great job in delivering the festival activities and of course to the local primary schools (pupils & staff) for attending the event.

For more information on schools courses, workshops & events you can visit:
<http://badmintonscotland.org.uk/school-resources/>