



## Airdrie School Pupils complete Badminton Scotland's Young Sports Leader (YSL) Award

By Lanarkshire Badminton

Recently, 29 pupils from St Margaret's High School in Airdrie completed Badminton Scotland's Young Sports Leader (YSL) Award course at school as part of their Sports Leader class.

The pupils completed 5 modules across the 6 hour course which gave pupils the opportunity to learnin about fundamental techniques & skills including serving, movement, overhead & underarm strokes as well as coaching, officiating, competitions and Big Hit Festival training. From completing the course, pupils now having the opportunity to progress via various pathways into coaching, officiating and volunteering. Many will hopefully go on to support delivery of badminton within local primary schools across Airdrie as part of their cluster area. The course was delivered by Euan Murray, Badminton Scotland's Regional Development Officer (RDO) for the West Region. He was impressed with the engagement, particularly across the full 6 hour course which can be a full on day certainly!

"We hope that the pupils have gained some further knowledge and confidence in delivering further badminton opportunities within their local area, in particular local schools. Further to this, pupils have the opportunity if they wish to be mentored and supported by the local community and club coaches. In addition we hope that pupils have attained knowledge and skills can be transferred to other areas out with badminton too including other sports and fields. The YSL Award we deliver is focused on developing young people through badminton and hope that the group have experienced personal development from participating in the course" Emma Lafferty of NL Active Schools for St Margaret's H.S cluster added:

"The St Margaret's High School (Airdrie) Sport Leaders benefited greatly from accessing the Young Sports Leaders Award delivered by Badminton Scotland. Twenty nine pupils gained their award and they will now deliver badminton activity across all 8 cluster primaries during curricular and extra-curricular time. The feedback from participants has been very positive with the majority saying that they are more confident to deliver badminton activities and fun games. The skills gained from attending this course can also be used across a range of other sports and activities. These courses are invaluable to provide the skills and knowledge to help young people progress on the coaching pathway."

Thanks to Emma and the St Margaret's High School PE Department for arranging the course. If you wish to find out more about further information about any of Badminton Scotland's Schools & Education courses or workshops feel free to email Euan Murray at rdowest@badmintonscotland.org.uk or visit www.badmintonscotland.org.uk/school-resources/

